SOCIO-EMOTIONAL SKILLS

Unit 1A





Objective: Students will be able to reflect about the importance of being different and having different perspectives.

WARM UP

Write on the board a sentence that explains ideas you want students to discuss, for example: Tolerance makes it possible for people to coexist peacefully. Being tolerant is very important in the world we live in. Being tolerant is being open-minded and accepting other people's perspectives. Encourage students to read the sentence you wrote, brainstorm different ideas about what they think about it, and write their thoughts on the board. Finally, explain that every opinion is important and get to a general conclusion using all their ideas.

STEP BY STEP

- A Make sure everyone has the complete material. Invite students to read the instructions. Explain that this activity will help them train their social awareness through exchanging different perspectives, learning that we are all different, and understanding that it is important to know how to be tolerant. Make sure they have no doubts about the activity.
- Ask them to take out the handout and read the sentences. Help students with any vocabulary words they may need. While they perform the activity, walk around the classroom and acknowledge their work to build an appropriate socio-emotional learning environment.
- C Suggest that students go around the classroom to ask questions to each other about the topics in the handout. If you have a large group, suggest doing the activity in groups instead of walking around the classroom so you have a better control of the group.

- After they have finished asking each other questions, invite them to check the handout and make sure the classmates they talk to wrote their names in the correct spaces.
- Conce everyone has completed their handout, as a class, ask them to share what they found out about their classmates. Encourage them to reflect on how different they are from each other.

WRAP IT UP

F How different from your classmates are you? Do you think diversity is important? Why? Do you think being tolerant helps you have a good relationship with your classmates? Why?

Ask the students to get into groups to discuss the questions. Give them some time and then ask them to discuss with other classmates. Ask some volunteers to tell the group how they felt doing the activity. Ask them if they were surprised about what they learned from their classmates. Remind students that social awareness is the ability to understand and respond to the needs of others. You could end this activity by eliciting ideas about why it is important to be different and how being tolerant helps us accept others' perspectives.

TEACHING TIP

Remember that you are working with teenagers and that their sense of social awareness is changing and maturing, as it is their ability to understand other people and how their attitudes and behaviors affect them. Teaching students to be more conscious of other people's feelings and behaviors creates a more accepting and respectful class environment. Provide students with opportunities so they can practice how to be more tolerant.

You can draw students' attention to the IT box if you need more help.



SOCIO-EMOTIONAL SKILLS

Unit 1A





Objective: Students will be able to acknowledge others' abilities, skills, and strengths as a way to show appreciation and acceptance.

WARM UP

Acknowledge your students by saying one thing you appreciate about them as a class. Ask students how they feel when you acknowledge them. Tell them that it is important to acknowledge others by recognizing some of their skills or strengths. Remind them that it is equally important to accept acknowledgment from others.

STEP BY STEP

- A Make sure your students have all the material required. Ask them to read the instructions and invite them to ask any questions they may have. Help students with any vocabulary words they may need. If necessary, encourage them to read the words in the box to convey and check meaning. Set a time limit for students to write their name on a piece of paper and put it inside a box.
- B Ask students to take a paper from the box and tell them to think about their classmate's strengths and abilities. Invite them to write their ideas on their notebook.
- C Ask students to choose the best ideas from their notes and write them on a piece of paper with the name of the person they picked from the box.
- Ask students to put the papers back into the box. Then take a paper out of the box and read it out loud. It is important that you acknowledge your students using the correct tone of voice, gestures, and body language. If possible, add one or two more good things about each of your students.

E Stick the papers on the wall to make a collage. Explain that part of being tolerant is the acknowledgement and acceptance of each other's attributes and qualities. It is really important to emphasize that they should be consistent and sincere when they acknowledge others. Ask them to answer the questions: Why is it important to know your own strengths? Is it easy to acknowledge other people when you don't know your own strengths?

WRAP IT UP

F Is it important to know your own strengths? Why? Why is it important to recognize the strengths of other people? When you know your strengths and you share that knowledge with others, how do you think it benefits your community?

Ask students to discuss the questions in pairs. Give them some time and then ask them to discuss the questions with another pair. Ask some volunteers to tell the class how they felt performing the activity and what they learned from each other.

TEACHING TIP

Remember that your role as a teacher in a socio-emotional learning environment is to act as a model so your students can imitate your attitudes and behaviors towards them.

Acknowledgement is really important when teaching English, so develop a positive mindset by recognizing students' strengths. This will create an empathetic atmosphere that can help students acknowledge each other and help them feel confident enough to participate in class.

You can draw students' attention to the IT box if you need more help.

